





## Food bank opening hours

## Cowes

The Bay



**MON: 1PM - 3PM** 

WED / FRI: 10AM - 12PM

The Foodbank Hub Love Lane, Cowes **PO317ET** 

TUES: 9:30AM - 11:30AM

THUR: 4:30PM - 6PM

Lake Methodist Church 42 Sandown Road, Sandown **PO369JT** 

St. John's Church Hall St. John's Road, Newport PO30 1LN

**WED / FRI: 2PM - 4PM** 

## Freshwater Ryde

**TUES: 3PM-5PM** 

Freshwater Methodist Church 2 Brookside Road, Freshwater **PO409AN** 

TUES / THUR: 10AM - 12PM

**Grace Church** Marlborough Road, Ryde PO33 1AE

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