

Emergency food for local people in crisis

# FOODBANK OPENING HOURS

## Cowes

MON / WED / FRI  
10AM - 12PM

The Foodbank Centre  
Love Lane

## Newport

WED / FRI  
10AM - 12PM

Church on the Roundabout  
Coppins Bridge

## Ryde

TUES / THURS  
10AM - 12:30PM

Grace Church  
Marlborough Road

## Freshwater

FRIDAY 10AM - 12PM

Colwell Baptist Church  
Colwell Road

## The Bay

TUESDAY 9:30PM - 11:30AM

THURSDAY 4:30PM - 6:30PM

The Chapel  
Winchester House  
Sandown Road  
Shanklin



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Registered Charity in England & Wales (1144644)